

JOHN STARLING, III, M.D.

EDUCATION

GOOD SAMARITAN-TRI HEALTH / THE SKIN CANCER CENTER ACGME Procedural Dermatology Fellow Fellowship Director: Brett M. Coldiron, M.D.	CINCINNATI, OH 2009-2010
UNIVERSITY OF MICHIGAN DEPARTMENT OF DERMATOLOGY Dermatology Resident Chair: John J. Voorhees, M.D. Program Director: Charles N. Ellis, M.D.	ANN ARBOR, MI 2006-2009
UNIVERSITY OF MICHIGAN DEPARTMENT OF INTERNAL MEDICINE Preliminary Medicine Intern	ANN ARBOR, MI 2005-2006
THE UNIVERSITY OF TENNESSEE-MEMPHIS SCHOOL OF MEDICINE, M.D. <i>With High Honors, Alpha Omega Alpha (Elected in 2004)</i>	MEMPHIS, TN 2005
RHODES COLLEGE B.A., Greek and Roman Studies, <i>Cum Laude, Phi Beta Kappa</i>	MEMPHIS, TN 2001

PROFESSIONAL EXPERIENCE

FOREFRONT DERMATOLOGY Mohs surgeon for three office locations in Wisconsin (Wauwatosa, Oconomowoc, and Stevens Point)	MILWAUKEE, WI 6/2020-6/2021
BRENTWOOD DERMATOLOGY Mohs surgeon for two office locations in Middle Tennessee (Brentwood and Hendersonville)	BRENTWOOD, TN 2/2019-2/2020
FOREFRONT DERMATOLOGY Mohs surgeon for six office locations in Wisconsin (Oshkosh, Fond du Lac, Appleton, Stevens Point, Wausau, and DePere)	OSHKOSH, WI 6/2010-12/2019
UNIVERSITY OF TENNESSEE-MEMPHIS DEPT. OF PEDIATRICS Memphis, TN National Institutes of Health Medical Student Research Fellow Faculty Advisor: Dennis D. Black, M.D. Investigated intestinal cell absorption of dietary lipid Investigated intestinal processing of dietary lipid for transport into the bloodstream	MEMPHIS, TN 2002-2005
RUTHERFORD COUNTY RESCUE SQUAD Member/Technician (Badge #498, Retired) Responded first to motor vehicle accidents in Rutherford County. Performed passenger vehicle extrication with the Jaws of Life®	MURFREESBORO, TN 1998-2001

PROFESSIONAL ASSOCIATIONS

FELLOW-AMERICAN COLLEGE OF MOHS SURGERY	2014-Present
FELLOW-AMERICAN ACADEMY OF DERMATOLOGY	2011-Present

HONORS AND AWARDS

- 2020 Accepted to the Brentwood Police Department Citizens Police Academy
-Personally invited by the Brentwood Police Department
-Attended until interruption by the COVID-19 pandemic.
- 2013 American Academy of Dermatology presidential citation for innovative research demonstrating the safety of office based dermatologic surgery
- 2006-2009 “You’re Super” award, given in appreciation of patient care (multiple awards)
- 2004 Alpha Omega Alpha honor society (Elected 3rd year, essays and references were required)
- 2001-2005 Block captain of Watkins street, Evergreen historic district, Midtown Memphis, TN
-Joint appointment with Meridith N. Starling, EdS, LCSW, RPT
- 2002 NIH Medical student research fellowship
- 2001 Phi Beta Kappa honor society
- 2001 Hurst “Green Cross Award” for successful passenger vehicle extrication
- 2000-2001 Mortar Board honor society
- 1998-2001 Rhodes College honor roll and dean’s list (multiple awards)
- 1998-2001 Southern Collegiate Athletic Conference honor roll (Football)
- 1998-2001 Eta Sigma Phi (Classical Studies) honor society, President 2001
- 1997-2001 Rhodes College Spencer classical studies scholarship (four year, half tuition award)
- 1996 Eagle Scout, Boy Scouts of America (BSA)
-BSA Troop #1, Brentwood, TN (Brentwood United Methodist Church).
-Scoutmaster: Billy Jim Vaughn

INSTITUTIONAL SERVICE

FOREFRONT DERMATOLOGY

- 2012-Present Shareholder
- 2013-2018 Philanthropic foundation board member
- 2016-2018 Philanthropic foundation chair
- 2018-2019 Cash balance plan trustee

AMERICAN COLLEGE OF MOHS SURGERY

- 4/2020-4/2022 PROM Development and QPP Education Subcommittee

AMERICAN ACADEMY OF DERMATOLOGY

- 2013-2015 Workforce task force / Access to dermatologic task force committee

FIRST UNITED METHODIST CHURCH NEENAH-MENASHA (WI)

- 2012-2016 Staff Parish Relations Committee (SPRC) board member

UNIVERSITY OF MICHIGAN

- 2008-2009 “Days Away” policy committee, Department of Dermatology
- 2007-2009 “Green Sheet” billing policy committee, Department of Dermatology
- 2007-2009 Career seminar series on dermatology, Medical School
- 2006-2009 Resident education committee, Department of Dermatology

UNIVERSITY OF TENNESSEE-MEMPHIS COLLEGE OF MEDICINE

- 2003-2005 University of Tennessee Community Disaster Response (CDR) unit
- 2003-2005 Campus tour guide
- 2002-2005 “Audience of One” peer counselor
- 2002-2003 “Big Sib” peer advisor

2001-2005 Rhodes College health professions society advisor
2001-2005 AIMS (Aid for the Impaired Medical Student) representative (Co-Chair 2004-2005)
2001-2003 St Jude Children's Research Hospital Ronald McDonald House "Life and Laughter"
program volunteer (Coordinator 2002-2003)

RHODES COLLEGE

2000-2001 Eta Sigma Phi honor society president
2000-2001 Nancy Morgan intern in hospital chaplaincy-Methodist North hospital
-Mentor: Rev. R. Craig Jordan, M.Div., D.Min.
1998-2001 SOAR, Jr. program volunteer-Bruce Elementary School
-Taught introduction to Greek and Roman studies to local students
1997-2001 Lynx varsity football team (Offensive lineman #79)

PUBLICATIONS

Book Chapters

Starling J 3rd, Karimipour DK. Chapter 17: Non-laser superficial resurfacing techniques: superficial chemical peels and microdermabrasion. *Evidence Based Procedural Dermatology*. Pages 301-316. Springer 2012.

Scientific Journal Publications

Starling J 3rd, Thosani MK, Coldiron BM. Determining the safety of office-based surgery: what 10 years of Florida data and 6 years of Alabama data reveal. *Dermatol Surg*. 2012 Feb;38(2):171-7. PMID: 22093178

Starling J 3rd, Coldiron BM. Outcome of 6 years of protocol use for preventing wrong site office surgery. *J Am Acad Dermatol*. 2011 Oct;65(4):807-10. PMID: 21764169

Starling J 3rd, Coldiron BM. Mohs micrographic surgery for the treatment of cutaneous leiomyosarcoma. *J Am Acad Dermatol*. 2011 Jun;64(6):1119-22. PMID: 21571171

Starling J 3rd, Patel PJ, Rasberry RD. The Kerf-Cut dressing: application of a woodworking technique for efficient postsurgical wound care. *Dermatol Surg*. 2005 Apr;31(4):484-5. PMID: 15871331

Starling J 3rd, Koo J. Evidence based or theoretical concern? Pseudotumor cerebri and depression as acitretin side effects. *J Drugs Dermatol*. 2005 Nov-Dec;4(6):690-6. PMID: 16302554

RESEARCH PROJECTS

UNIVERSITY OF MICHIGAN DEPARTMENT OF DERMATOLOGY Ann Arbor, MI 2007-2009
"Prevalence of coronary artery disease (CAD) in patients with severe psoriasis"
Goal of using coronary CT angiography (CCTA) to define CAD risk in psoriasis patients
Drafted dermatology portions of manuscripts submitted for grant approval
Completed PEERRS Training (Program for Education and Evaluation in Responsible Research and Scholarship)

UNIVERSITY OF TENNESSEE-MEMPHIS DEPT. OF PEDIATRICS Memphis, TN 2002-2005
"Characterization of genes regulated by dietary lipid in newborn swine small intestine"
Researched mechanisms of absorption of fats from the diet by the small intestine
Investigated fat metabolism by the liver in the newborn and developing infant
Investigated how dietary fat regulates genes in infant small intestine and liver

ORAL PRESENTATIONS

National

1. "Outcome of six years of protocol use for preventing wrong site office surgery" Tromovitch Award Abstract Session. American College of Mohs surgery 42nd Annual Meeting. New York, New York. May 2010.
2. "Pruritic perianal plaque (Extramammary Paget's disease)" Gross and Microscopic symposium. American Academy of Dermatology 67th annual meeting, San Francisco, CA. March 2009.
3. "A novel cytochrome P-450 2C family member is expressed in newborn swine small intestine and is inversely regulated by dietary lipid" Pediatric Academic Societies Annual Meeting. Washington, DC. May 2005.

Local

1. "Kodachrome session-Basic excision techniques, surgical complications, and optimizing outcomes" University of Michigan, Department of Dermatology, Ann Arbor, MI. May 2009
2. "Kodachrome session-Bacterial infections" University of Michigan, Department of Dermatology, Ann Arbor, MI. January 2009
3. "Kodachrome session-Mucinoses, amyloidosis, deposition diseases, and calcifying/ossifying disorders of skin" University of Michigan, Department of Dermatology, Ann Arbor, MI. September 2008.
4. "Nail anatomy and disorders" University of Michigan, Department of Dermatology, Ann Arbor, MI. August 2008
5. "Acquired diseases of the basement membrane zone-clinical correlation" University of Michigan, Department of Dermatology, Ann Arbor, MI. July 2008
6. "Introduction to dermatology: Dermatology top ten," University of Michigan, Department of Internal Medicine, Ann Arbor, MI. June 2008
7. "Kodachrome session-Nail biology and disorders" University of Michigan, Department of Dermatology, Ann Arbor, MI. June 2008
8. "Kodachrome Session-Porphyrrias, Photosensitivity Disorders, Epidermolysis Bullosa, and Immunodeficiencies," University of Michigan, Department of Dermatology, Ann Arbor, MI. March 2008.
9. "Dermatologic Surgery Head and Neck Anatomy," University of Michigan, Department of Dermatology, Ann Arbor, MI. March 2008.
10. "Connexin Biology," University of Michigan, Department of Dermatology, Ann Arbor, MI. November 2007.
11. "Nevi," University of Michigan, Department of Dermatology, Ann Arbor, MI. July 2007.
12. "Innate Immunity," University of Michigan, Department of Dermatology, Ann Arbor, MI. February 2007.

13. "Case Studies in Dermatology for the Inpatient Internist," University of Michigan, Department of Internal Medicine, Ann Arbor, MI. June 2006 (Approved for teaching module for Internal Medicine Residents).

14. "Selected Dermatologic Signs of Systemic Disease," University of Michigan, Department of Internal Medicine, Ann Arbor, MI. June 2006 (Approved for teaching module for Internal Medicine Residents)

